

## Augmenta Health (P) Ltd.

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## **Brief Introduction**

Dr Mohan Sunil Kumar MBBS; DPM, received training in Psychiatry from NIMHANS, A premier institute for mental health in India. He has received the prestigious Ramchandra N Murthy Foundation (NIMHANS) fellowship. He is also a fellow of the Indian Psychiatric Society and the Indian Association of Private Psychiatry.

He is the Founder and Director of Augmenta Health (P) Ltd., a new age mental health company, dealing with various aspects of Mental Health in the frontiers of clinical, preventive and promotional mental health.

He holds important official positions in prestigious national and international associations. He is involved in teaching, training, and digital breakthroughs in the area of mental health.

He is the Co-Creator of Helpie - India's First Online Suicide Gatekeeper Training Program.

His special areas of interest are Public Mental Health, Neuroeconomics, and Use of technology in the mental health space.

His philosophy in life is "We live life once." He is always been a keen learner and ever willing to share the 'little knowledge' he acquires.